

Certificate of Achievement Requirements

Complete all department requirements for the certificate with a cumulative grade point average (GPA) of 2.0 or better. Candidates for a Certificate of Achievement are required to complete at least 20% of the department requirements through SBCC.

Department Requirements (Total Department Units: 38-40)

<i>Current</i> Course No.	<i>Previous</i> Course No.	<i>Title</i>	<i>Units</i>	<i>Institution &</i> Course No.	<i>Grade</i>	<i>Units</i> (s/q)	<i>Term</i>
• ADC 120*+	(none)	Alcohol and Other Drugs	3.0				
• ADC 121*+	(none)	Basic Interviewing and Counseling Skills	3.0				
• ADC 122*	(none)	Pharm & Physiol Effects of Alcoh & Other Drugs	3.0				
• ADC 123*+	(none)	Group Treatment	3.0				
• ADC 124*	(none)	Chemical Dependency and the Family	3.0				
• ADC 125*	(none)	Co-Occurring Disorders I: Recognition & Referral	3.0				
• ADC 126*	(none)	Treatm & Case Mgmt of the Chem-Depend Indiv	4.0				
• ADC 152	(none)	Clinical Process	3.0				
• PSY 100	(PSYCH 1/100)	General Psychology OR	3.0				
• PSY 100H	(PSYCH 100HR)	General Psychology, Honors	4.0				
• ADC 290	(none)	Work Experience in Alcohol and Drug Counseling	4.0				

* Acceptable substitutions are as follows: ADC 100 will substitute for ADC 120; ADC 101 will substitute for ADC 121; ADC 102 will substitute for ADC 122; ADC 107 will substitute for ADC 123; ADC 108 will substitute for ADC 124; ADC 112 will substitute for ADC 125; and, ADC 105 & 106 OR ADC 106 & 116 will substitute for ADC 126.

+ ADC 120 and 121 should be taken before other ADC counseling courses (i.e., ADC 123, 124, 126).

Required Alcohol and Drug Counseling Elective Course/s: Choose any one of the following combination of courses for a total of 3 units:

• ADC 111	(none)	Substance Abuse and Society	2.0				
• ADC 117	(none)	Motivational Interviewing	1.0				
• ADC 118	(none)	Relationships in Recovery	1.0				
• ADC 119	(none)	Finding Your Authentic Voice	1.0				
• ADC 127	(none)	Compl Treat: Auric Accup, Nutr & Amino Acid Ther	1.0				
• ADC 128	(none)	Intro. to Twelve Steps of Alcoholics Anonymous	1.0				
• ADC 129	(none)	Emotional Balance and Mindfulness in Recovery	3.0				
• ADC 130#	(none)	Div & Cultural Iss in Couns: Id, Expr & Addiction	3.0				
• ADC 131#	(none)	Attitudes, Motivation and Behavior Change	3.0				
• ADC 132#	(none)	Substance Abuse and Adolescents	3.0				
• ADC 133#	(none)	Anger Management and Family Violence	3.0				
• ADC 134#	(none)	Co-Occurring Disorders II: Mgmt and Treatment	3.0				
• ADC 136	(none)	Eating Disorders I	1.0				
• ADC 137	(none)	Conflict Resolution	1.0				
• ADC 138	(none)	Multiple Sexual Addictions	1.0				
• ADC 139	(none)	Introduction to Process Addictions	3.0				
• ADC 140	(none)	Recovery Through Movement	2.0				
• ADC 141	(none)	Integral Treatment Modalities	1.0				

Acceptable substitutions are as follows: ADC 103 will substitute for ADC 130; ADC 109 will substitute for ADC 131; ADC 110 will substitute for ADC 132; ADC 113 or ADC 114 will substitute for ADC 133; and ADC 115 will substitute for ADC 134.

Required Behavioral Science elective: Choose any one of the following courses:

• PSY 130	(PSYCH 3/130) ..	Personality Dynamics and Effective Behavior	3.0				
• PSY 170	(PSYCH 170) ..	Abnormal Psychology	3.0				
• SOC 101	(1)	Introduction to Sociology OR	3.0				
• SOC 101H	(none)	Introduction to Sociology, Honors	4.0				
• SOC 103	(3)	Marriage, Family and Intimacy	3.0				
• SOC 104	(4)	Social Psychology	3.0				

Additional Program Information

For further information, contact the Counseling Center, 965-0581, Ext. 2285 or Gordon Coburn, Department Chair, 965-0581, Ext. 3021.

Associate Degrees and Certificates of Achievement (In alphabetical order) - For a complete list of programs of study (associate degrees, certificates, skills competency awards and department awards) and requirements, go to http://www.sbcc.edu/apply/degrees_certificates.php.

Accounting (AS)
 Accounting/Assistant Bookkeeper IV (C)
 Administration of Justice (AA/AS/C)-3 emph. avail (AS&C), 1(AA)
 Administration of Justice for Transfer (AS-T)
 Alcohol and Drug Counseling (AA/C)
 American Sign Language (AA)
 Animation and Gaming (AA/C)
 Anthropology (AA)
 Anthropology for Transfer (AA-T)
 Applied Photography (AA/C)
 Art (AA) - 2 emphases available
 Art History for Transfer (AA-T)
 Associate Child Care Teacher (C)
 Automotive Services & Technology (AS/C)

Biological Sciences (AA)
 Black Studies (AA)
 Business Administration (AA/C) – 3 emphases available for AA, 2 for C
 Business Administration for Transfer (AS-T)

Cancer Information Management (AS/C)
 Chemistry (AA)
 Chicano Studies (AA)
 Commercial Music (C)
 Communication (AA) - 2 emphases available
 Communication Studies for Transfer (AA-T)
 Computer App. & Office Mgmt (AS/C) - 2 emphases available
 Computer Information Systems (AS) – Emph. in System Admin. available
 Computer Network Engineering (AS/C)
 Computer Science (AS/C)
 Construction Technology (AS/C)
 Cosmetology (AS/C)
 Creative Writing (C) – 2 emphases available
 Culinary Arts (AS/C)

Database Programming and Applications Development (C)
 Diagnostic Medical Sonography (C)
 Diversity Issues in ECE (C)
 Drafting/CAD (AS/C)

Early Childhood Education (AS/C)
 Early Childhood Education for Transfer (AS-T)
 Economics (AA)
 Economics for Transfer (AA-T)
 Elementary Teacher Education (AA-T)
 Engineering (AA/AS)
 English (AA)
 English for Transfer (AA-T)
 Environmental Horticulture (AS/C) - 4 emphases available for AS, 1 for C
 Environmental Studies (AA)
 Ethnic Studies (AA)

Film Production (AA)
 Film and Media Studies (AA)
 Finance (AA/C)
 French (AA)

Geography (AA)
 Geography for Transfer (AA-T)
 Geological Sciences (AS)
 Geology for Transfer (AS-T)
 Global Studies (AA)
 Graphic Design & Photography – Graphic Design Conc. (AA/C)

Health Information Technology (AS)
 Healthy Aging (AA)
 History (AA)
 History for Transfer (AA-T)
 Honors (C/C with highest honors) – 2 emphases available
 Hospitality (AS/C)
 Infant/Toddler Development (C)
 Interior Design (AA/C)
 International Business (AA/C)
 Introduction to Graphic Design (C)

Journalism (AA/C)
 Journalism for Transfer (AA-T)

Kinesiology for Transfer (AA-T)

Law & Society (AA) - Emphasis in Criminal Justice available
 Liberal Arts (AA) – Emphasis in Biomedical Sciences
 Liberal Arts & Sciences (AA) – 3 emphases available
 Liberal Studies (AA) – Emphasis in Education

Marine Diving Technician (AS/C)
 Marketing (AA/C)
 Mathematics (AA)
 Mathematics for Transfer (AS-T)
 Media Arts (AA/C)
 Medical Coding Specialist (C)
 Middle East Studies (AA)
 Music (AA)

Native American Studies (AA)
 Natural History (AA)
 Nursing - ADN (AS)

PC Support/Network Management (C)
 Philosophy (AA)
 Philosophy for Transfer (AA-T)
 Physical Education (AA) – Emphasis in Athletic/Personal Fitness avail.
 Physics (AA/AS)
 Physics for Transfer (AS-T)
 Political Science (AA)
 Political Science for Transfer (AA-T)
 Post-Professional Practice in ADC (C)
 Psychology (AA)
 Psychology for Transfer (AA-T)

Radiography (AS)
 Real Estate (AS/C)

School-Age Care (C)
 Sociology (AA)
 Sociology for Transfer (AA-T)
 Spanish (AA)
 Spanish for Transfer (AS-T)
 Studio Arts for Transfer (AA-T)

Theatre Arts (AA) - 3 emphases available
 Theatre Arts for Transfer (AA-T)
 Transfer – CSU General Education Breadth Pattern (C)
 Transfer – IGETC (C)

Vocational Nursing (AS/C)

Wastewater Technology Education (C)
 Water Technology Education (C)

Key: (AA)=Associate in Arts; (AA-T)=Associate in Arts for Transfer; (AS)=Associate in Science; (AS-T)= Associate in Science for Transfer; (C)=Certificate of Achievement



Santa Barbara City College

Alcohol and Drug Counseling

2017-18

Certificate of Achievement in Alcohol and Drug Counseling

The ADC program offers a Certificate of Achievement and an Associate Degree. A Skills Competency Award: Post-Professional Practice in Alcohol and Drug Counseling is also available for licensed clinicians and other qualified professionals seeking expertise in the field of addictions counseling.

The Alcohol and Drug Counseling Program at Santa Barbara City College seeks to provide current education in the field of substance abuse/dependence. It is designed to provide students with the theoretical and practical training necessary to develop paraprofessional expertise in this field.

The goal of the ADC Program is to instill in our students basic knowledge and skills in counseling, pharmacology and physiology, case management, legal and ethical issues, cultural diversity awareness, co-occurring disorders, and family issues of those afflicted with substance abuse or dependence.

The required fieldwork component affords students hands-on supervised experience working at facilities dedicated to the treatment of alcohol and drug dependence.

ADC certificate recipients may be employed by inpatient and outpatient treatment clinics, transitional housing centers, mental health clinics, shelters, detoxification units, crisis intervention centers, incarceration facilities, and prevention programs.

SBCC: Your Open Door to Educational Excellence